

September 2017



Monday	TUESDAY	Wednesday	Thursday	Friday 1
				BBQ CHICKEN BURGERS HAMBURGERS CHEESEBURGERS SPICY CHICKEN BURGERS WG CHEESE PIZZA FISH BURGERS CORN
BREAKFAST	Breakfast	Breakfast	Breakfast	Breakfast
				WG BREAKFAST PIZZA ASST. FRESH FRUIT ASST LOW SUGAR CEREAL
Monday 4	Tuesday 5	Wednesday 6	Thursday 7	Friday 8
NO SCHOOL	HOMEMADE MEATLOAF MACARONI & CHEESE HAMBURGERS CHEESEBURGERS SPICY CHICKEN BURGERS CHICKEN TENDERS W/ ROLL ROSY APPLESAUCE	CHEESE ENCHILADAS SPANISH RICE HAMBURGERS CHEESEBURGERS SPICY CHICKEN BURGERS WG CHEESE PIZZA FRESH BANANAS	WG HOT DOG FRENCH FRIES HAMBURGERS CHEESEBURGERS SPICY CHICKEN BURGERS CHICKEN TENDERS W/ WG ROLL ASST FRESH FRUIT	BBQ CHICKEN BURGERS HAMBURGERS CHEESEBURGERS SPICY CHICKEN BURGERS WG CHEESE PIZZA FISH BURGERS CORN ASST. FRESH FRUIT
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
	POT,EGG & CHEESE TACO Fresh Fruit Selection Assorted Low Sugar Cereal	WG PANCAKE ON A STICK Fresh Fruit Selection Assorted Low Sugar Cereal	WG WAFFLES Fresh Fruit Selection Assorted Low Sugar Cereal	WG BREAKFAST PIZZA Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 11	Tuesday 12	Wednesday 13	Thursday 14	Friday 15
HOMEMADE FRITO PIE SPANISH RICE HAMBURGERS CHEESEBURGERS SPICY CHICKEN BURGERS WG CHEESE PIZZA ASST FRESH FRUIT	CARNE GUISADA W/ TORTILLA PINTO BEANS HAMBURGERS CHEESEBURGERS SPANISH RICE APPLE OR PEACH COBBLER CHICKEN TENDER W/ ROLL	BEAN & CHEESE CHALUPAS SPANISH RICE HAMBURGERS CHEESEBURGERS SPICY CHICKEN BURGERS WG CHEESE PIZZA FRESH BANANAS	WG CORN DOGS TATOR TOTS HAMBURGERS CHEESEBURGERS SPICY CHICKEN BURGERS CHICKEN TENDERS W/ WG ROLL ASST FRESH FRUIT	BBQ CHICKEN BURGERS HAMBURGERS CHEESEBURGERS SPICY CHICKEN BURGERS WG CHEESE PIZZA FISH BURGERS CORN
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
WG PANCAKES Fresh Fruit Selection Assorted Low Sugar Cereal	BIS W/ SAUG PATTY Fresh Fruit Selection Assorted Low Sugar Cereal	WG KOLACHE Fresh Fruit Selection Assorted Low Sugar Cereal	WG WAFFLES Fresh Fruit Selection Assorted Low Sugar Cereal	WG BREAKFAST PIZZA Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22
PARMESAN CHICKEN W/ WG ROLL BAKED BEANS HAMBURGERS CHEESEBURGERS SPICY CHICKEN BURGER WG CHEESE PIZZA ASST. FRESH FRUIT	MEATBALLS & GRAVY MACARONI & CHEESE HAMBURGERS CHEESEBURGERS SPICY CHICKEN BURGERS CHICKEN TENDERS W/ WG ROLL ASST FRESH FRUIT	CHICKEN & RICE W/ WG TORTILLA PINTO BEANS HAMBURGERS CHEESEBURGERS SPICY CHICKEN BURGER WG CHEESE PIZZA FRESH BANANAS	WG CHICKEN NUGGETS FRENCH FRIES HAMBURGERS CHEESEBURGER SPICY CHICKEN BURGER CHICKEN TENDERS W/ WG ROLL CHILLED MIXED FRUIT	BBQ CHICKEN BURGER HAMBURGER CHEESEBURGER SPICY CHICKEN BURGER WG CHEESE PIZZA FISH BURGER CORN ASST. FRESH FRUIT
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
ASST. MUFFINS Fresh Fruit Selection Assorted Low Sugar Cereal	CHEESE OMELET, BACON, TOAST Fresh Fruit Selection Assorted Low Sugar Cereal	WG FRENCH TOAST STICKS Fresh Fruit Selection Assorted Low Sugar Cereal	WG PANCAKES Fresh Fruit Selection Assorted Low Sugar Cereal	WG BREAKFAST PIZZA Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 25	Tuesday 26	WEDNESDAY 27	THURSDAY 28	Friday 29
OVEN FRIED CHICKEN CORN ON THE COB HAMBURGERS CHEESEBURGERS SPICY CHICKEN BURGER WG CHEESE PIZZA ASST FRESH FRUIT	HOMEMADE LASAGNA PEA & CARROTS HAMBURGERS CHEESEBURGERS SPICY CHICKEN BURGERS CHICKEN TENDERS W/ WG ROLL ROSY APPLESAUCE	BEEFY NACHOS SPANISH RICE HAMBURGERS CHEESEBURGERS SPICY CHICKEN BURGER WG CHEESE PIZZA FRESH BANANAS	CHILI, CHICKEN & CHEESE CRISPITO FRENCH FRIES HAMBURGERS CHEESEBURGER SPICY CHICKEN BURGER CHICKEN TENDERS ASST FRESH FRUIT	BBQ CHICKEN BURGER HAMBURGER CHEESEBURGER SPICY CHICKEN BURGER WG CHEESE PIZZA FISH BURGER CORN ASST. FRESH FRUIT
Breakfast	Breakfast	BREAKFAST	BREAKFAST	BREAKFAST
WG DONUT Fresh Fruit Selection Assorted Low Sugar Cereal	ASST POP TARTS Fresh Fruit Selection Assorted Low Sugar Cereal	WG KOLACHE FRESH FRUIT SELECTION ASSORTED LOW SUGAR CEREAL	WG MUFFINS Fresh Fruit Selection Assorted Low Sugar Cereal	WG BREAKFAST PIZZA Fresh Fruit Selection Assorted Low Sugar Cereal

Menu is Subject to change.

Meal Prices
 Paid Lunch \$ 1.70
 REDUCED LUNCH PRICE \$0.40
 Adult Lunch \$4.00
 PAID BREAKFAST PRICE \$1.10
 Reduced Price Breakfast \$ 0.30
 Adult Breakfast \$2.00
 Milk \$.40
 Staff Breakfast \$1.25
 Staff Lunch \$3.75

Promotions:

Welcome
 BACK!!!

*SERVE DAILY
 VARIETY MILK
 ASST FRESH FRUIT*

We welcome your comments

Food Service Manager
 Shea Gilleland

Jr High

September 2013



Monday 2	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
No School Labor Day Holiday	Chicken Alfredo w/ WG Sugar Cookie WG Spaghetti w/Meat sauce Hamburger Cheeseburger Chef Salad w/WG Crackers Seasoned Green Beans Romaine Tossed Salad	Beefy Nachos Chicken Fajitas w WC tortillas & Rice Hamburger Cheeseburger Chef Salad w/ WG Crackers Fiesta Rice Romaine Tossed Salad	WG Pepperoni Pizza Chicken Nuggets w/ WG Roll Hamburger Cheeseburger Tater Tots Seasoned Corn Chilled Fruit Cocktail	Toasted Turkey Sandwich Salisbury Steak w/ Orange Pilaf Hamburger Cheeseburger Chef Salad w/ WG Crackers California Veggies Carrots Sticks w/ Ranch
	Breakfast Turkey Sausage N' Cheese Omelet Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast WG Morning Wrap Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Breakfast Burritos Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast WG Pancakes Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 9	Tuesday 10	Wednesday 11	Thursday 12	Friday 13
Chicken Tenders w/ WG Roll Hamburger Ham & Cheese Sub Pepperoni Pizza Broccoli & Cheese Tater Tots Fruit Cocktail	Rotini w/Marinara Sauce Calzone w/Bread Sticks Cheeseburger Hamburger Celery Sticks w/Ranch Seasoned Carrots	Meatloaf w/ WG Roll Turkey Cheese Sub Hamburger Chicken Burger Cheeseburger Broccoli Normandy Mashed Potato Carrots Sticks w/Ranch	Beef & Bean Tostada w/ Rice Chicken Quesadilla Hamburger Spanish Rice Mexican Corn Refried Beans Peared Gelatin	Ham & Cheese Wrap Chicken Nuggets Hamburger Pepperoni Pizza Seasoned Green Beans Carrots & Celery w/Ranch Chilled Peaches
Breakfast WG Breakfast Pizza Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast WG Biscuit N' Gravy Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Scramble Eggs N' Sausage Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Breakfast Burritos Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast WG Pancakes Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20
Baked Chicken w/WG Macaroni & Cheese Hamburger Cheeseburger Chef Salad w/WG Crackers WG Macaroni & Cheese Seasoned Broccoli Carrots Sticks w/Ranch	Chicken Alfredo w/ WG Sugar Cookie WG Spaghetti w/Meat sauce Hamburger Cheeseburger Chef Salad w/WG Crackers Seasoned Green Beans Romaine Tossed Salad	Beefy Nachos Chicken Fajitas w WC tortillas & Rice Hamburger Cheeseburger Chef Salad w/ WG Crackers Fiesta Rice Romaine Tossed Salad	WG Pepperoni Pizza Chicken Nuggets w/ WG Roll Hamburger Cheeseburger Tater Tots Seasoned Corn Chilled Fruit Cocktail	Toasted Turkey Sandwich Salisbury Steak w/ Orange Pilaf Hamburger Cheeseburger Chef Salad w/ WG Crackers California Veggies Carrots Sticks w/ Ranch
Breakfast WG Breakfast Pizza Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Turkey Sausage N' Cheese Omelet Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast WG Morning Wrap Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Breakfast Burritos Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast WG Pancakes Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Friday 27
Hot Dog Popcorn Chicken w/Roll Hamburger Cheeseburger Tater Tots Steamed Broccoli Seasoned Corn	Cheese Lasagna w/ WG Bread Stick Beef Ravioli w/Bread Stick Hamburger Seasoned Roasted Potato Seasoned Carrots Pepperoni Pizza	Orange Chicken w/Fried Rice Sweet & Sour Chicken w/ Rice Hamburger Seasoned Peas & Carrots Celery Sticks w/ Ranch Pepperoni Pizza	Crunchy Chicken Taco Chicken Fajitas Hamburger/Cheeseburger Seasoned Green Beans Refried Beans Spanish Rice Seasoned Corn	Fish Nuggets w/WG Breadl Ham & Cheese Sub Hamburger Chicken Burger Pepperoni Pizza Macaroni & Cheese California Veggies Sliced Peaches
Breakfast WG Breakfast Pizza Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Sausage N' Scramble Eggs Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Morning Wrap Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Cinnamon Roll Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast WG French Toast Sticks Fresh Fruit Selection Assorted Low Sugar Cereal
Monday 30	Fried Chicken w/Roll Pork Rib Sandwich Hamburger Cheeseburger Pepperoni Pizza Carrots Sticks w/Ranch Seasoned Green Beans Rosy Applesauce	Steak Fingers w/ WG Roll Hamburger Chicken Burger Pepperoni Pizza Mashed Potato Broccoli Normandy Sliced Peaches	Cheese Enchilada w/Rice Chicken Quesadilla Hamburger Chicken Burger Cheeseburger Fiesta Rice or Pinto Beans Seasoned Green Beans	Beefy Macaroni w/ WG Roll Hamburger Ham & Cheese Sub Pepperoni Pizza California Veggies Carrots Sticks w/Ranch Mandarin Oranges
Breakfast Pancake on a Stick Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Scramble Eggs N' Sausage Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Breakfast Bar Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast WG Breakfast Pizza Fresh Fruit Selection Assorted Low Sugar Cereal	Breakfast Cinnamon Rolls Fresh Fruit Selection Assorted Low Sugar Cereal

Meal Prices
 Paid Lunch \$1.50
 Reduced Price Lunch \$.40
 Adult Lunch \$4.00
 Paid Breakfast \$.90
 Reduced Price Breakfast \$.30
 Adult Breakfast \$2.00
 Milk \$.40
 Staff Breakfast \$1.25
 Staff Lunch \$3.75

Promotions

SERVE DAILY
VARIETY MILK
ASST FRUIT
Chef Salads

We welcome your comments

Food Service Director
Judy LeFlora

Menu is Subject to change.

High School September



Monday 2	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
No School Labor Day Holiday	Fried Chicken w/Roll Pork Rib Sandwich Hamburger Cheeseburger Seasoned Carrots Tater Tots Mandarin Oranges	Beak Fingers w/ WG Roll Hamburger Chicken Burger Pepperoni Pizza Mashed Potato Broccoli Normandy Sliced Peaches	Cheese Enchilada w/Rice Chicken Quesadilla Hamburger Chicken Burger Cheeseburger Fiesta Rice or Pinto Beans Seasoned Green Beans	Beefy Macaroni w/ WG Roll Hamburger Ham & Cheese Sub Pepperoni Pizza California Veggies Carrots Sticks w/Ranch Mandarin Oranges
	Breakfast Scramble Eggs N' Sausage Fresh Fruit Selection Assorted Low Sugar Cereals	Breakfast Breakfast Bar Fresh Fruit Selection	Breakfast WG Breakfast Pizza Fresh Fruit Selection Assorted Low Sugar Cereals	Breakfast Cinnamon Rolls Fresh Fruit Selection Assorted Low Sugar Cereals
Monday 9	Tuesday 10	Wednesday 11	Thursday 12	Friday 13
Chicken Tenders w/ WG Roll Hamburger Ham & Cheese Sub Pepperoni Pizza Broccoli & Cheese Tater Tots Fruit Cocktail	Rotini w/Marinara Sauce Calzone w/Bread Sticks Cheeseburger Hamburger Celery Sticks w/Ranch Seasoned Carrots	Meatloaf w/ WG Roll Turkey Cheese Sub Hamburger Chicken Burger Cheeseburger Broccoli Normandy Mashed Potato Carrots Sticks w/Ranch	Beef & Bean Tostada w/ Rice Chicken Quesadilla Hamburger Spanish Rice Mexican Corn Refried Beans Pearled Gelatin	Ham & Cheese Wrap Chicken Nuggets Hamburger Pepperoni Pizza Seasoned Green Beans Carrots & Celery w/Ranch Chilled Peaches
Breakfast WG Breakfast Pizza Fresh Fruit Selection Assorted Low Sugar Cereals	Breakfast WG Biscuit N' Gravy Fresh Fruit Selection Assorted Low Sugar Cereals	Breakfast Scramble Eggs N' Sausage Fresh Fruit Selection Assorted Low Sugar Cereals	Breakfast Breakfast Burritos Fresh Fruit Selection Assorted Low Sugar Cereals	Breakfast WG Pancakes Fresh Fruit Selection Assorted Low Sugar Cereals
Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20
Chicken w/WG Macaroni & Cheese Hamburger Cheeseburger Chef Salad w/WG Crackers WG Macaroni & Cheese Seasoned Broccoli Carrots Sticks w/Ranch	Chicken Alfredo w/ WG Sugar WG Spaghetti w/Meat sauce Hamburger Cheeseburger Chef Salad w/WG Crackers Seasoned Green Beans Romaine Tossed Salad	Beefy Nachos Chicken Fajitas w/ WC tortillas Hamburger Cheeseburger Chef Salad w/ WG Crackers Fiesta Rice Romaine Tossed Salad	WG Pepperoni Pizza Chicken Nuggets w/ WG Roll Hamburger Cheeseburger Tater Tots Seasoned Corn Chilled Fruit Cocktail	Toasted Turkey Sandwich Turkey Salisbury Steak w/ Orange Pilaf Hamburger Cheeseburger Chef Salad w/ WG Crackers California Veggies Carrots Sticks w/ Ranch
Breakfast WG Breakfast Pizza Fresh Fruit Selection Assorted Low Sugar Cereals	Breakfast Sausage N' Cheese Omelette Fresh Fruit Selection Assorted Low Sugar Cereals	Breakfast WG Morning Wrap Fresh Fruit Selection Assorted Low Sugar Cereals	Breakfast Breakfast Burritos Fresh Fruit Selection Assorted Low Sugar Cereals	Breakfast WG Pancakes Fresh Fruit Selection Assorted Low Sugar Cereals
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Hot Dog Popcorn Chicken w/Roll Hamburger Cheeseburger Tater Tots Steamed Broccoli Seasoned Corn	Beef Lasagna w/ WG Bread Cheef Ravioli w/Bread Sticks Hamburger Seasoned Roasted Potatoes Seasoned Carrots Pepperoni Pizza	Crunchy Chicken w/Fried Rice & Sour Chicken w/ Rice Hamburger Seasoned Peas & Carrots Celery Sticks w/ Ranch Pepperoni Pizza	Crunchy Chicken Taco Chicken Fajitas Hamburger/Cheeseburger Seasoned Green Beans Refried Beans Spanish Rice Seasoned Corn	Chicken Nuggets w/WG Bread Ham & Cheese Sub Hamburger Chicken Burger Pepperoni Pizza Macaroni & Cheese California Veggies Sliced Peaches
Breakfast WG Breakfast Pizza Fresh Fruit Selection Assorted Low Sugar Cereals	Breakfast Sausage N' Scramble Eggs Fresh Fruit Selection Assorted Low Sugar Cereals	Breakfast Morning Wrap Fresh Fruit Selection Assorted Low Sugar Cereals	Breakfast Cinnamon Roll Fresh Fruit Selection Assorted Low Sugar Cereals	Breakfast WG French Toast Sticks Fresh Fruit Selection Assorted Low Sugar Cereals
Monday 30	Fried Chicken w/Roll Pork Rib Sandwich Hamburger Cheeseburger Pepperoni Pizza Carrots Sticks w/Ranch Seasoned Green Beans Rosy Applesauce	Beak Fingers w/ WG Roll Hamburger Chicken Burger Pepperoni Pizza Mashed Potato Broccoli Normandy Sliced Peaches	Cheese Enchilada w/Rice Chicken Quesadilla Hamburger Chicken Burger Cheeseburger Fiesta Rice or Pinto Beans Seasoned Green Beans	Beefy Macaroni w/ WG Roll Hamburger Ham & Cheese Sub Pepperoni Pizza California Veggies Carrots Sticks w/Ranch Mandarin Oranges
Breakfast Pancake on a Stick Fresh Fruit Selection Assorted Low Sugar Cereals	Breakfast Scramble Eggs N' Sausage Fresh Fruit Selection Assorted Low Sugar Cereals	Breakfast Breakfast Bar Fresh Fruit Selection Assorted Low Sugar Cereals	Breakfast WG Breakfast Pizza Fresh Fruit Selection Assorted Low Sugar Cereals	Breakfast Cinnamon Rolls Fresh Fruit Selection Assorted Low Sugar Cereals

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Promotions

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VARIETY MILK
ASST FRUIT
Chef Salads
Pepperoni Pizza

We welcome your comments

Food Service Director
Judy LeFlore

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